



ANNUAL REPORT 2020



Clínica de Familia
La Romana



Mission

To promote well-being through comprehensive health services in La Romana, Dominican Republic.



Vision

To have a community where all have access to health services in order to enjoy a good quality of life.



Values

Respect:

We recognize, value and treat with dignity all people, regardless of age, gender identity, religion, nationality, race, sexual orientation, health status, or any other condition.

Confidentiality:

We deliver hope through our actions, maintaining an environment of honesty and safety, in accordance with the highest standards of ethics and professionalism.

Empathy:

We strive to be in solidarity with our clients, connecting with their reality to understand and respond to their needs.

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Who We Are

Clínica de Familia La Romana is a non-profit, non-governmental organization that offers high quality medical services to the La Romana community, in the eastern Dominican Republic. We provide comprehensive health services with a holistic, family-centered approach and have programs focused on improving the health of our community's most vulnerable populations.

Message from Leadership



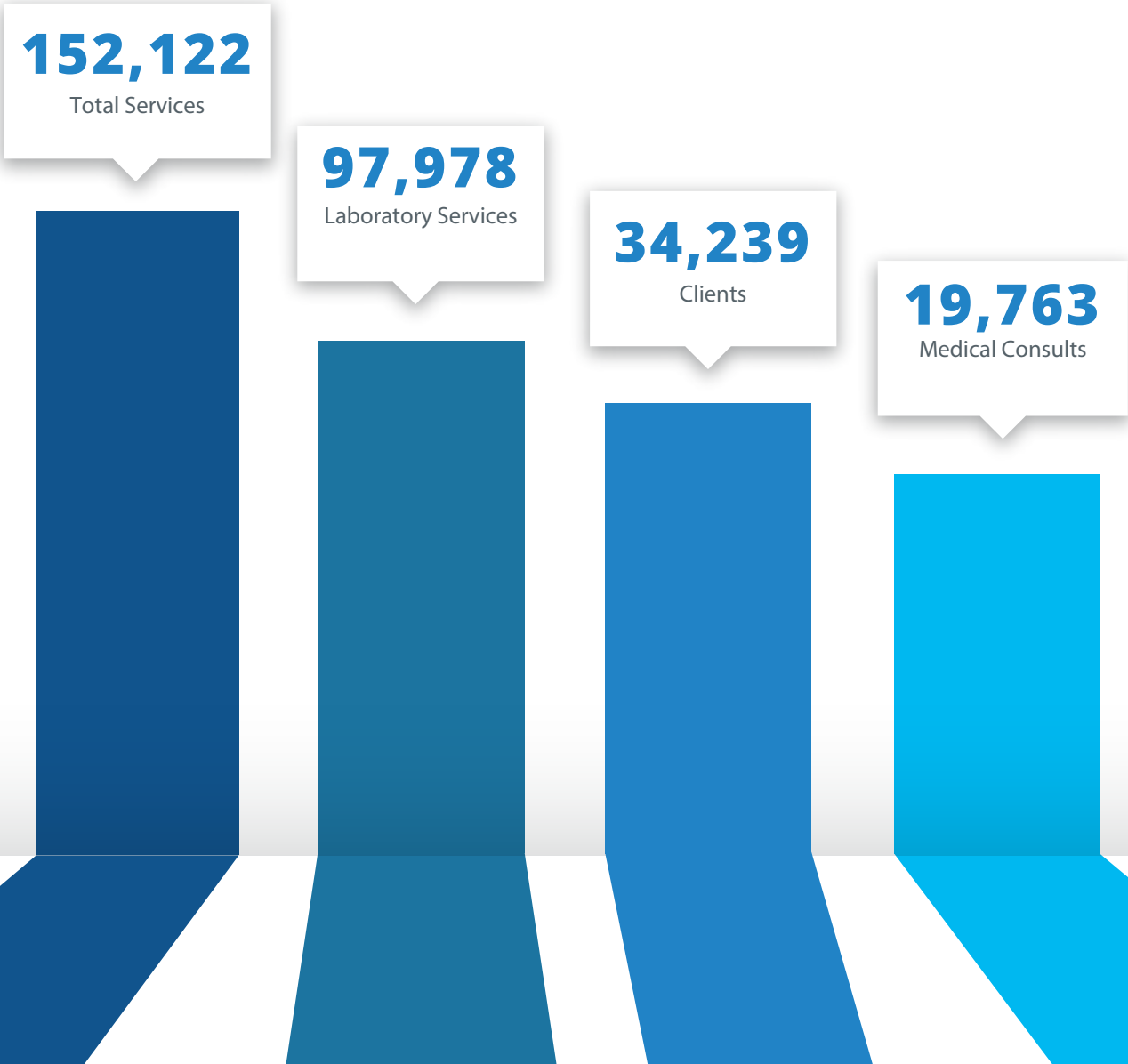
Clínica de Familia La Romana faced many challenges in 2020. The COVID-19 pandemic negatively impacted the well-being of our clients and the programs and services that we offer. Even so, our incredibly resilient team worked hard to ensure the continuity of our services, which were even more vital given the pandemic, making adaptations in order to ensure everyone's health and safety. Despite all of the pandemic-related challenges, we were able to expand and improve our service offerings. We opened our new Dermatology Center in the city of Villa Hermosa and we started new programs providing family planning and HIV testing and counseling services in the community. Using a participatory methodology, we also developed our new 2020-2024 strategic plan, which will help us achieve our mission of promoting well-being through comprehensive health services in La Romana, Dominican Republic.

Mina Halpern Lozada
Executive Director

What Did We Achieve in 2020?



Clínica de Familia La Romana has a multidisciplinary team dedicated to improving the health of our clients. We offer a variety of medical specialties, psycho-social support services and diagnostic services.



COVID-19 Response



The COVID-19 pandemic presented a substantial challenge to Clínica de Familia in 2020. We took many steps to respond to and mitigate the effects. These steps included strengthening infection control and cleaning, in addition to promoting physical distancing, hand washing and obligatory masking among staff and clients. Staff received the necessary personal protective equipment and we provided ongoing education and training to staff and clients on COVID-19 prevention. For our clients with HIV, we began dispensing three or six months of antiretroviral therapy, achieving a reduction in the frequency of their visits to the clinic and in the number of clients physically present. Our health promoters supported our most vulnerable clients, delivering medications directly to their homes. Clínica de Familia's team showed resilience and perseverance in overcoming the difficulties created by COVID-19, in order to ensure the continuity of quality services to our clients.

Service Offerings at Clínica de Familia La Romana

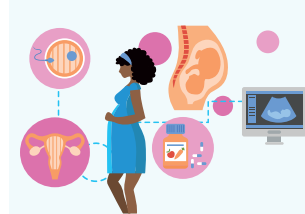
General medical services:



Primary Care



Pediatrics



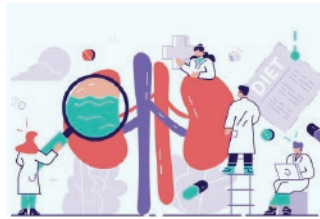
Obstetrics and
Gynecology



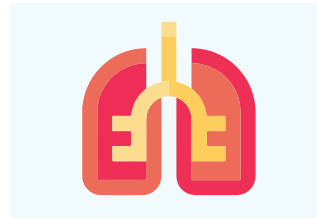
Family Medicine



Internal Medicine



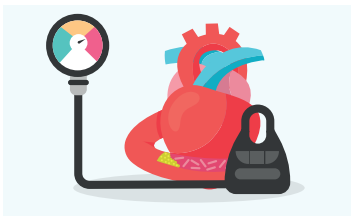
Nephrology



Pulmonology



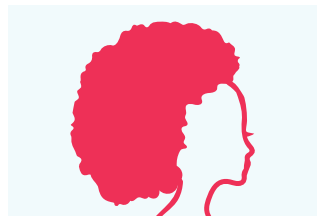
Diabetes Care



Cardiology



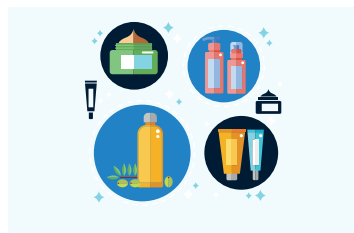
Nutrition



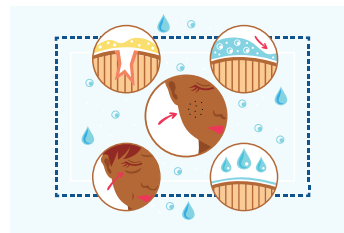
Women's Program



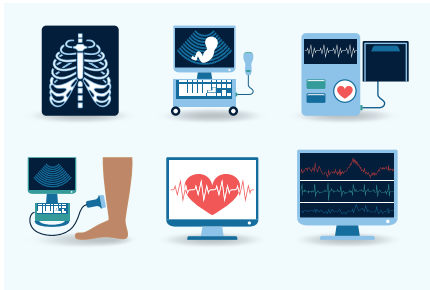
Men's Program



Cosmetic Dermatology

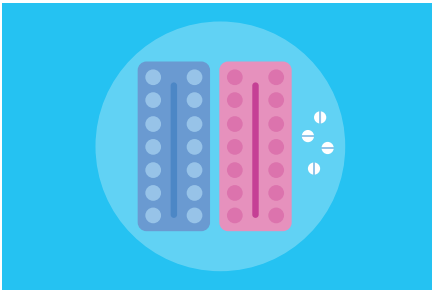


Clinical Dermatology



Diagnostics and Procedures

X-Rays, ultrasound, MAPA, holter, doppler, echocardiogram, electrocardiogram, colposcopy, circumcision.



Family Planning

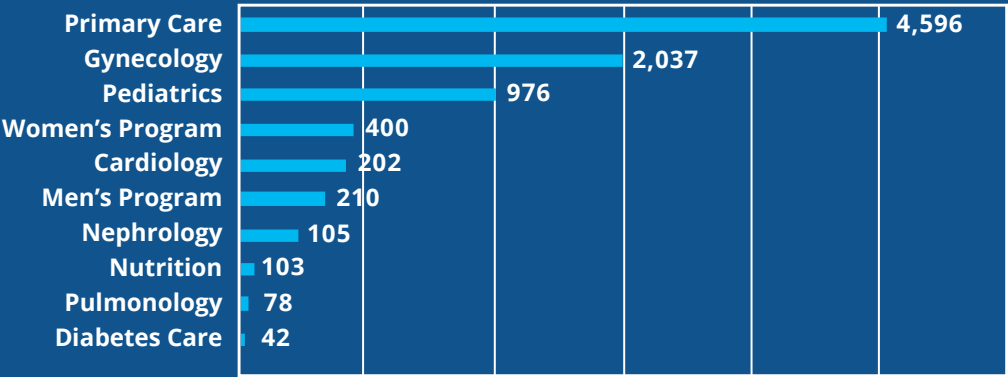
Family planning counseling and birth control methods, including implants, interuterine devices, birth control pills, injections, and condoms.



Laboratory

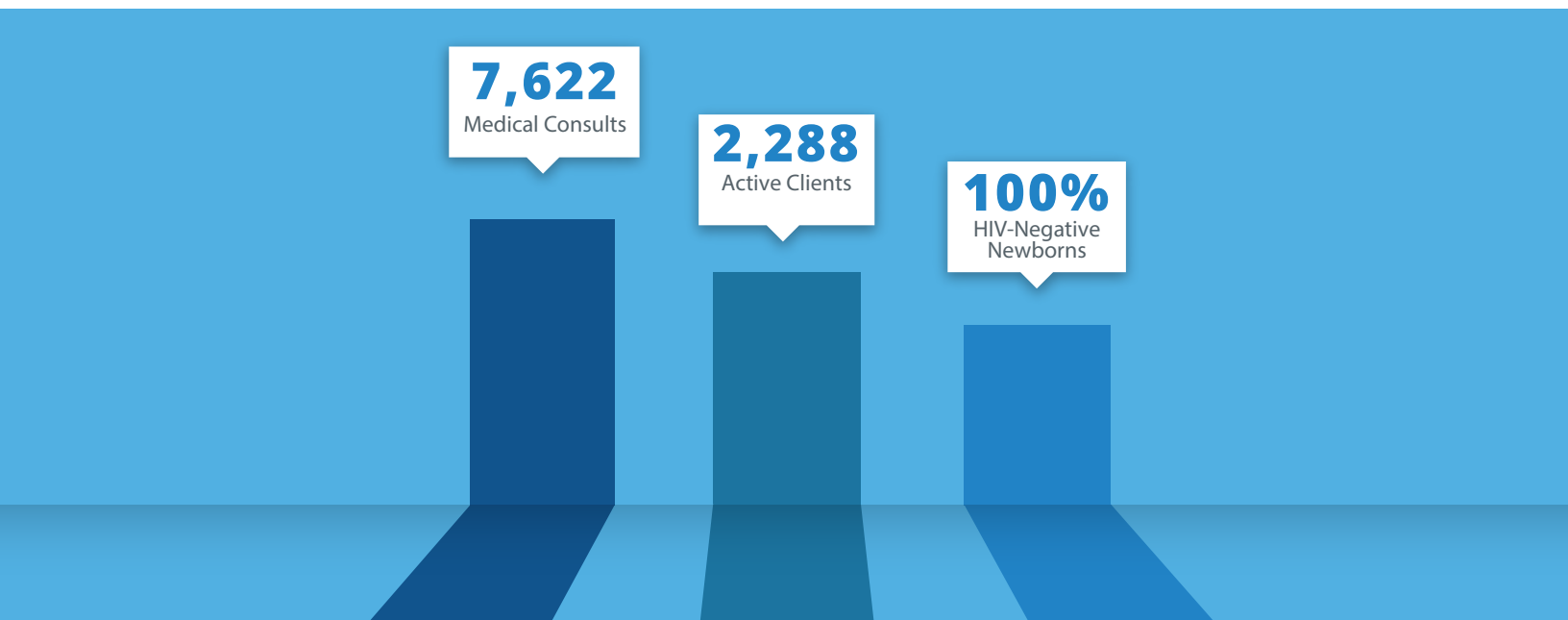
Wide range of laboratory tests; with international quality certification with ISO 9001-2015.

2020 General Medical Services



Comprehensive HIV Care

Clínica de Familia, registered as an HIV care and treatment site with the Ministry of Health, provides free antiretroviral therapy y holistic care to clients with HIV, including adults, pregnant women, children and adolescents. In 2020, clients received a wide range of services in order to ensure their health and well-being.



Prevention and Pre-Exposure Prophylaxis

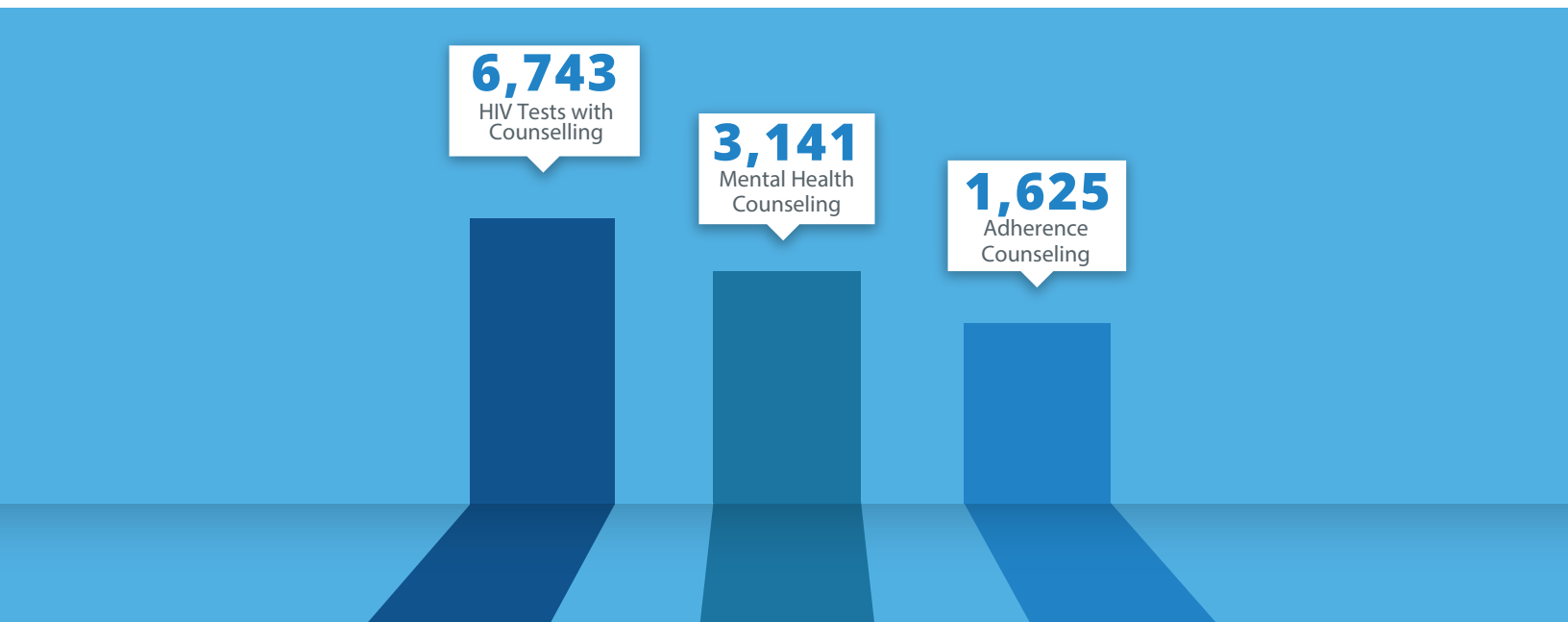
Clínica de Familia, dedicated to health promotion and prevention among vulnerable clients, offers a program that includes primary care services and prevention, diagnosis, and treatment of sexually transmitted infections, family planning, mental health services, and educational health talks for key populations.

Clínica de Familia also provides pre-exposure prophylaxis (PrEP) as an innovative strategy to prevent HIV infection among clients who are HIV-negative, by taking medications that will reduce their risk of HIV acquisition. This program is aimed at two key populations: men who have sex with men and sex workers. In 2020, 127 clients were enrolled in the program.



Mental Health

Mental health is one of the key pillars of the HIV care and treatment program at Clínica de Familia. The team includes mental health therapists that provide counseling to both clients with HIV and to individuals from the general public. We also offer HIV pre- and post-test counseling, adherence counseling to help clients take their medications correctly, and support groups that allow for participants to better understand their health condition and learn from and support their peers.



Community Health Promotion & Social Work

Since the beginning of the Community Health Promotion Program in 2006, our health promoters have visited our clients with HIV and their family members in their homes, in order to provide support, accompaniment, and palliative care. In 2020, the program conducted 2,548 home visits to 425 clients with HIV.

The Social Work Department conducts socio-economic evaluations in order to equitably distribute available resources to our most vulnerable clients. In 2020, 219 clients received 4,584 different services from the department. One hundred percent of clients receiving support were living in conditions of extreme poverty.



Adolescent Program



As a part of our Adolescent Program, Clínica de Familia collaborated with the Francisco Gonzalvo Hospital until June 2020, coordinating and managing the Adolescent Health Module (MAMI), which has focused on providing sexual, reproductive, and mental health services to teens since 2008. As of July, Clínica de Familia began coordinating our Adolescent Program independently of the hospital. Building on our well-established sexual and reproductive health education program for adolescents in La Romana and surrounding bateyes, we created a new virtual program, for use with students and with teen peer educators. In July, we also started a new community family planning program in order to provide family planning information, counseling and methods to teens and women who have difficulty getting to health centers for these services.

Dermatology Center



Clínica de Familia La Romana's Dermatology Center was inaugurated in March of 2020 in the city of Villa Hermosa, La Romana Province. This center was created to offer clinical and cosmetic dermatology services, primary care, and laboratory services to the Villa Hermosa community.

Research



During 2020, the Research Department completed data collection for a study on the prevalence of violence among sex workers, in collaboration with Columbia University. In addition, we conducted a qualitative study to understand the experiences and perceptions of Clínica de Familia staff regarding the first year of implementation of PrEP. Results from this study were presented at the XIV Global Health Conference of the Children's Hospital of Philadelphia. We also completed data collection for a study evaluating a tool created by Clínica de Familia to measure adherence of our clients with HIV, in collaboration with the Dominican university Pontificia Universidad Católica Madre y Maestra. During 2020, Clínica de Familia published five articles in peer-reviewed journals. We also began planning protocols for several future studies.

Collaborations & Alliances



With a constant focus on improving the quality of services provided to clients, Clínica de Familia is a member of the following associations:



Finances

In 2020, the Clinic successfully executed all of its budgeted projects and programs for the year. The financial team managed accounting records of revenue and expenses in order to ensure that the different programs were implemented according to their allotted funding. This financial management was carried out in accordance with internationally accepted accounting standards.

Financial Data

(values expressed in US dollars)

<i>Item</i>	<i>2020</i>
Revenue	2,091,878
Expenses	1,613,806
Sources of Revenue	
National Donations	21,163
International Donations and Grants	1,470,418
Revenue from Services	589,720
Dominican Government Grants	10,577

**To all the institutions and
individuals that provided
support to us in 2020**





Clínica de Familia

La Romana

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We are dedicated to your health!